



SEGAKI 2016

October 28-30

Friday evening through Sunday evening

At the Segaki Festival we “feed the hungry ghosts,” all those beings desperate for the truth but unable to accept the teaching they need. We set up an altar at the back of the hall for their benefit, laden with food but with no Buddha or Bodhisattva images nearby, which represents the compassionate giving of truth without doctrine. We focus on cleansing karma and releasing attachments to the past, including those who have died.

This annual retreat begins **Friday, October 28** and continues through the Festival of Segaki Sunday morning, and ends with Segaki Toro on the evening of **Sunday, October 30**. The retreat will be in our traditional style, incorporating zazen, chanting, sanzen, work and formal meals.



Pre-registration is required for meals and overnights. Register online (dharma-rain.org) by **Sunday, October 26, 2016**.

SEGAKI SCHEDULE 2016

Friday Eve, October 28

(Retreat Begins)

7pm Evening Service
 7:10 Zazen
 7:50 Kinhin
 8:00 Zazen, Dharma Talk
 8:50 Kinhin
 9:00 Zazen
 9:30 Formal Tea
 9:45 Vespers
 10:00 To Bed
 10:15 Lights Out



Dharma Rain
 Zen Center
 dharma-rain.org

Note: Meditation periods and ceremonies are open to all without charge. When joining or leaving the retreat, please refer to this schedule to pick unobtrusive times (breaks, work periods, or Kinhin).

If you wish to join us for meals, sign up online so that we can prepare food and reserve space for you. *Please attend everything you register for.*

Saturday October 29

5:00am Rise
 5:30 Zazen
 6:30 Kinhin
 6:40 Zazen
 7:10 Fudo Ceremony
 7:30 Soji
 8:00 Breakfast
 8:30 Clean-up
 8:45 Work
 10:30 Zazen
 11:00 Kinhin
 11:10 Zazen
 11:40 Break
 Noon Lunch
 1:00pm Rest/ exercise
 2:30 Work
 3:50 Evening Service
 4:00 Zazen
 4:30 Kinhin
 4:40 Zazen
 5:10 Study
 5:30 Dinner
 6:15 Reflection
 7:00 Zazen
 7:50 Kinhin
 8:00 Zazen, Dharma Talk
 8:50 Kinhin
 9:00 Zazen
 9:30 Formal Tea
 9:45 Vespers
 10:00 To Bed
 10:15 Lights Out

Sunday October 30

5:00am Rise
 5:30 Zazen
 6:30 Kinhin
 6:40 Zazen
 7:10 Full Morning Service
 7:40 Soji
 8:00 Breakfast
 8:30 Work / Rehearsal
 9:30 Zazen
 10:00 Segaki Festival
 10:45 Informal Tea
 Noon Lunch
 1:00pm Rest
 1:45 Work
 3:00 Evening Service
 3:10 Zazen
 3:40 Kinhin
 3:50 Zazen
 4:20 Kinhin
 4:30 Zazen
 5:00 Study
 5:30 Dinner
 6:15 Reflection
 7:00 Zazen
 7:50 Kinhin
 8:00 Zazen
 8:30 Segaki Toro
 9:00 Informal Tea

(Segaki Festival & Retreat Ends)