

Rohatsu 2024 Schedule

Sunday Evening

6:00-7:00 Arrive, check in
7-7:35 Zazen
7:35 Kinhin
7:45 Zazen

8:15 Kinhin
8:25 Zazen
9:00 Vespers
9:40 Lights Out

Monday through Saturday

4:30am Wake-up bell
5:00 Zazen with sanzen
5:50 Kinhin
6:00 Zazen
6:50 Kinhin
7:00 Zazen
7:20 Morning Service
7:50 Temple cleaning / Soji
8:10 Oryoki
8:50 Kitchen cleanup
9:15 Work Practice
10:45 Zazen
11:35 Kinhin
11:45 Zazen
12:15pm Dharani Chant
12:30 Oryoki
1:10 Kitchen cleanup
1:30 Rest/exercise

3:00 Evening Service
3:10 Zazen with sanzen
3:40 Kinhin
3:50 Zazen
4:20 Kinhin
4:30 Zazen
5:00 Study
5:30 Informal dinner
6:00 Kitchen cleanup
6:15 Break
7:00 Zazen
7:35 Kinhin
7:45 Zazen with teisho
(Shosan on Saturday)
8:15 Kinhin
8:25 Zazen
9:00 Formal Tea, Vespers
10:00 Yaza and lights out

Sunday Morning

4:30am Wake-up bell
5:00 Zazen
6:00 Closing ceremony
6:30 Temple cleaning / Soji
7:00 Breakfast
7:45 Kitchen cleanup

8:30 Zazen
9:00 Kinhin
9:10 Zazen
9:40 Chanting Service
10:30 Dharma Talk