

## Jukai Retreat Schedule – 2025

### Monday

7:00 pm Evening Service

7:10 Zazen

7:40 Kinhin

7:50 Zazen/Explanation

8:30 Kyojukaimon Ceremony

Afterwards — Vespers, to bed

### Tuesday- Saturday

5:30am Rising

6:00 Zazen

6:30 Kinhin

6:40 Zazen

7:10 Full Morning Service

7:40 Temple Clean-up

8:10 Oryoki Breakfast

8:45 Meal Clean-up

9:00 Work practice

10:45 Zazen

11:15 Kinhin

11:25 Zazen

11:55 Dharani Chant

12:15pm Oryoki Lunch

12:45 Meal Clean-up

1:00 Rest / exercise

3:00 Evening Service

3:10 Zazen

3:40 Kinhin

3:50 Zazen

4:20 Kinhin

4:30 Zazen

5:00 Study

5:30 Informal Dinner

6:00 Meal Clean-up

6:15 Recollection

7:00 Zazen

7:30 Kinhin

7:40 Zazen

8:10 Kinhin

8:20 Zazen w/Dharma Talk

8:50 Kinhin

9:00 Zazen

9:20 Formal Tea

9:30 Vespers/To Bed

### Sunday

5:30am Rising

6:00 Zazen

6:30 Short Morning Service

6:45 Temple Clean-up

7:15 Breakfast

7:45 Meal Clean-up

8:30 Zazen

9:00 Kinhin

9:10 Zazen

9:40 Morning Service

10:00-10:45 Break / Rehearsal

10:45 Lay Ordination