

Jukai retreat schedule 2023

Monday

7:00 pm Evening Service
7:10 Zazen
7:40 Kinhin
7:50 Zazen/Explanation
8:30 Kyojukaimon Ceremony
Afterwards — Vespers, to bed

Tuesday - Saturday

5:30am Rising	3:10 Zazen
6:00 Zazen	3:40 Kinhin
6:30 Kinhin	3:50 Zazen
6:40 Zazen	4:20 Kinhin
7:10 Service	4:30 Zazen
7:40 Temple Clean-up	5:00 Study
8:10 Oryoki Breakfast	5:30 Oryoki Dinner
8:45 Meal Clean-up	6:00 Meal Clean-up
9:00 Work practice	6:15 Recollection
10:45 Zazen	7:00 Zazen
11:15 Kinhin	7:30 Kinhin
11:25 Zazen	7:40 Zazen
11:55 Dharani Chant	8:10 Kinhin
12:15pm Oryoki Lunch	8:20 Zazen w/Dharma Talk
12:45 Meal Clean-up	8:50 Kinhin
1:00 Rest / exercise	9:00 Zazen
3:00 Evening Service	9:20 Formal Tea
	9:30 Vespers/To Bed

Sunday

5:30am Rising	8:30 Zazen
6:00 Zazen	9:00 Kinhin
6:30 Short Morning Service	9:10 Zazen
6:45 Temple Clean-up	9:40 Short Morning Service
7:15 Breakfast	10:00-10:30 Break / Rehearsal
7:45 Meal Clean-up	10:30 Lay Ordination