

# Rohatsu 2022 Schedule

## Sunday Evening

6:00-7:00 Arrive, check in	8:15 Kinhin
7-7:35 Zazen	8:25 Zazen
7:35 Kinhin	9:00 Vespers
7:45 Zazen	9:40 Lights Out

---

## Monday through Saturday

4:30am Wake-up bell	3:00 Evening Service
5:00 Zazen with sanzen	3:10 Zazen with sanzen
5:50 Kinhin	3:40 Kinhin
6:00 Zazen	3:50 Zazen
6:50 Kinhin	4:20 Kinhin
7:00 Zazen	4:30 Zazen
7:20 Morning Service	5:00 Study
7:50 Temple cleaning / Soji	5:30 Informal dinner
8:10 Oryoki	6:00 Kitchen cleanup
8:50 Kitchen cleanup	6:15 Break
9:15 Work Practice	7:00 Zazen
10:45 Zazen	7:35 Kinhin
11:35 Kinhin	7:45 Zazen with teisho
11:45 Zazen	(Shosan on Saturday)
12:15pm Dharani Chant	8:15 Kinhin
12:30 Oryoki	8:25 Zazen
1:10 Kitchen cleanup	9:00 Formal Tea, Vespers
1:30 Rest/exercise	10:00 Yaza and lights out

---

## Sunday Morning

4:30am Wake-up bell	8:30 Zazen
5:00 Zazen	9:40 Short morning Service
6:00 Closing ceremony	9:55 Announcements
6:30 Temple cleaning / Soji	10:15 Shuso Hossen
7:00 Breakfast	
7:45 Kitchen cleanup	