

Genzo-e Schedule

Tuesday–Saturday

4:30am ..Rising	3:30 Zazen
5:00Zazen (in-person sanzen opt.)	3:55 Kinhin
5:50Kinhin	4:05 Zazen
6:00.....Zazen	4:30 Kinhin
6:50Full Morning Service	4:40 Zazen
7:20Temple Cleanup/Breakfast Prep	5:10 Break
7:50Oryoki Breakfast	5:30 Oryoki Dinner
8:25.....Breakfast Cleanup	6:10 Study / Dinner Cleanup
8:45Work	7:00 Zazen
10:45Zazen	7:35 Kinhin
11:15 ... Kinhin	7:45 Zazen / Dharma Talk
11:25.....Zazen	8:20 Kinhin
11:55Service	8:30 Zazen
12:30Oryoki Lunch	9:00 Formal Tea (Shosan on Sat)
1:10Lunch Cleanup	9:15 Vespers
1:25Rest / Exercise	9:30 To bed
3:00..... Evening Service	

Blue Text means it is open to anybody, drop in the zendo, or on Zoom.

Black text means it is only for those registered and in-person.