

Genzo-e Schedule

Tuesday–Saturday

4:30am	Rising	3:10	Zazen (Zoom sanzen opt.)
5:00	Zazen (in-person sanzen opt.)	3:40	Kinhin
5:50	Kinhin	3:50	Zazen (Mondo on Sat)
6:00.....	Zazen	4:30	Kinhin
6:50	Full Morning Service	4:40	Zazen
7:20	Temple Cleanup/Breakfast Prep	5:10	Break
7:50	Oryoki Breakfast	5:30	Oryoki Dinner
8:25.....	Breakfast Cleanup	6:10	Study / Dinner Cleanup
8:45	Work	7:00	Zazen
10:45	Zazen	7:35	Kinhin
11:15	Kinhin	7:45	Zazen / Dharma Talk
11:25.....	Zazen	8:20	Kinhin
12:10	Service	8:30	Zazen
12:30	Oryoki Lunch	9:00	Formal Tea (Shosan on Sat)
1:00	Lunch Cleanup	9:15	Vespers
1:15	Rest / Exercise	9:30	To bed
3:00.....	Evening Service		

Blue Text means it is open to anybody, drop in the zendo, or on Zoom.

Green text means it is open to anybody registered, on Zoom **or** in-person.

Black text means it is only for those registered **and** in-person.