



Dharma Rain
Zen Center

Fall Quarter

Preview of Upcoming Events

ANGO MEDITATION SCHEDULE

Wednesdays

Zazen/Service 5:30 to 7:45am
Midday Sit 11:30 am to 12:30pm
Service/Zazen 7 to 7:40pm
Vespers ~9pm

Thursdays, Fridays, & Saturdays

Zazen/Service 5:30 to 7:45am
Midday Sit 11:30am to 12:30pm

Sundays

Sunday Program: Zazen, Service, Informal Tea, Dharma Talk, and Community Lunch 8:30 am to 12:30pm

WEDNESDAY CLASS SERIES

Foundational Teachings

Wednesdays 9/4 to 11/20 from 7:50-9pm
[Except 9/18 and 10/23]

SESSHINS

Beginners Day Retreat

8:30am to 5pm Saturday 9/7

The Space Between Weekend Closed Retreat

7 pm Friday 9/13 to 7:45am Sunday 9/15

Three Robes

7pm Tuesday 9/17 to 4:30pm Saturday 9/21

Segaki

7pm Wednesday 10/23 to 9pm Sunday 10/27

Rohatsu

7pm Sunday 12/1 to noon Sunday 12/8

SEMINARY

Methods of Practice

Thursdays 9/26, 10/17, 11/21 from 6:30-9 pm

Lineage

Tuesdays 9/10, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, and 11/26

EVENTS THIS QUARTER

Term Student Retreats

Saturdays 9/28, 10/19, 11/16 8:30-4:30pm

Fusatsu

Saturdays 9/28 and 12/14 at 7pm

Two Ancestors Ceremony

Sunday 9/29 from 9:40-10:15am

Zazenkai

Saturdays 10/5 and 11/9 from 5am-5pm

Half-Day Zazenkai

Saturday 10/12 1:30-5:30pm

Founders Vigil

8pm Saturday 11/2 to 7am Sunday 11/3

Founders Ceremony

Sunday 11/3 from 9:40-10:15am

Taking Your Seat

Thursdays 10/3, 10/17, 11/7, 11/21, 12/12 from 7-9pm

BEGINNER WORKSHOPS

Cultivating Compassion Workshop

Thursday 9/5 from 7-9pm

Dealing with Stress Workshop

Thursday 11/7 from 7-9 pm

Intro to Zen Meditation Workshop

Thursday 9/26 from 7-9pm
Thursday 10/10 from 7-9pm
Saturday 11/2 from 1:30-3:30pm
Thursday 11/14 from 7-9pm
Saturday 11/10 from 1:30-3:30pm

Starting a Practice Workshop

Thursday 9/12 from 7-9pm
Thursday 10/17 from 7-9pm
Saturday 11/23 from 7-9pm

RECURRING GROUP MEETINGS

7-Up Group

10am-noon Saturdays 9/14, 10/12, 11/9, 12/14

Prison Group

11:45am-1:45pm Sundays 9/1, 10/6, 11/3, 12/1