

# Rohatsu 2018 Schedule

## Sunday Evening

6:30-7:00 Arrive, check in  
7-7:35 Zazen  
7:35 Kinhin  
7:45 Zazen

8:15 Kinhin  
8:25 Zazen  
9:00 Vespers  
9:40 Lights Out

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## Monday through Saturday

4:30am Wake-up bell  
5:00 Zazen  
5:25 Posture adjustment bell  
5:50 Kinhin  
6:00 Zazen  
6:25 Posture adjustment bell  
6:50 Kinhin  
7:00 Zazen  
7:30 Morning Service  
8:00 Temple cleaning / Soji  
8:30 Oryoki  
9:00 Kitchen cleanup  
9:25 Work Practice  
11:00 Zazen  
11:25 Posture adjustment bell  
11:25 Zazen  
11:50 Kinhin  
12:00 Zazen  
12:30pm Dharani Chant  
12:45 Oryoki

1:20 Kitchen cleanup  
1:45 Rest/exercise  
3:00 Evening Service  
3:10 Zazen  
3:40 Kinhin  
3:50 Zazen  
4:20 Kinhin  
4:30 Zazen  
5:00 Study  
5:30 Oryoki  
6:00 Kitchen cleanup  
6:15 Break  
7:00 Zazen  
7:35 Kinhin  
7:45 Zazen (with Dharma Talk)  
8:15 Kinhin  
8:25 Zazen  
9:00 Formal Tea, Vespers  
10:00 Lights out

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## Sunday Morning

5:00am Wake-up bell  
5:30 Zazen  
6:00 Closing  
6:30 Temple cleaning / Soji  
7:00 Breakfast  
7:30 Kitchen cleanup