



# Segaki 2018

**October 26-28**

Friday evening through Sunday evening

At the Segaki Festival we “feed the hungry ghosts,” all those beings desperate for the truth but unable to accept the teaching they need. We set up an altar at the back of the hall for their benefit, laden with food but with no Buddha or Bodhisattva images nearby, which represents the compassionate giving of truth without doctrine. We focus on cleansing karma and releasing attachments to the past, including those who have died.

This annual retreat begins **Friday, October 26** and continues through the *Festival of Segaki* Sunday morning, and ends with *Segaki Toro* on **Sunday evening, October 28**. The retreat will be in our traditional style, incorporating zazen, chanting, sanzen, work and formal meals.



Pre-registration is required for meals and overnights. Register online ([dharma-rain.org](http://dharma-rain.org)) by **Thursday, October 24, 2018**.

# SEGAKI SCHEDULE 2018

## Friday Evening

*(Retreat Begins)*

7pm Evening Service

7:10 Zazen

7:45 Kinhin

7:55 Zazen, Dharma Talk

8:30 Kinhin

8:40 Zazen

9:10 Formal Tea

9:25 Vespers

9:40 To Bed

10:00 Lights Out



*Dharma Rain*

*Zen Center*

**dharma-rain.org**

**Note:** Meditation periods and ceremonies are open to all without charge. When joining or leaving the retreat, please refer to this schedule to pick unobtrusive times (breaks, work periods, or Kinhin).

If you wish to join us for meals, sign up online so that we can prepare food and reserve space for you. *Please attend everything you register for.*

## Saturday

5:00am Rise

5:30 Zazen

6:30 Kinhin

6:40 Zazen

7:10 Fudo Ceremony

7:30 Soji

8:00 Breakfast

8:30 Clean-up

8:45 Work

10:30 Zazen

11:00 Kinhin

11:10 Zazen

11:40 Break

Noon Lunch

1:00pm Rest / Exercise

2:10 Work

3:30 Evening Service

3:40 Zazen

4:10 Kinhin

4:20 Zazen

4:50 Kinhin

5:00 Zazen

5:30 Dinner

6:15 Reflection / Study

7pm Zazen

7:35 Kinhin

7:45 Zazen, Dharma Talk

8:20 Kinhin

8:30 Zazen

9:00 Formal Tea

9:15 Vespers

9:30 To Bed

10:00 Lights Out

## Sunday

5:00am Rise

5:30 Zazen

6:30 Short Service

6:45 Soji

7:00 Breakfast

7:45 Work / Rehearsal

8:45 Zazen

9:15 Kinhin

9:25 Zazen

10:00 *Segaki Festival*

10:45 Children's Segaki /  
Informal Tea

Noon Lunch

1:00pm Rest / Exercise

2:10 Work

3:30 Evening Service

3:40 Zazen

4:10 Kinhin

4:20 Zazen

4:50 Kinhin

5:00 Zazen

5:30 Dinner

6:15 Reflection / Study

7:00 Zazen

7:50 Kinhin

8:00 Zazen

8:30 *Segaki Toro*

9:00 Informal Tea

*(Segaki Festival & Retreat Ends)*