Segaki 2015

October 23-25

Friday evening through Sunday evening
(See schedule on reverse)

At the Segaki Festival we "feed the hungry ghosts," all those beings desperate for the truth but unable to accept the teaching they need. We set up an altar at the back of the hall for their benefit, laden with food but with no Buddha or Bodhisattva images nearby, which represents the compassionate giving of truth without doctrine. We focus on cleansing karma and releasing attachments to the past, including those who have died.

This annual retreat begins **Friday, October 23** and continues through the Festival of Segaki Sunday morning, and ends with Segaki Toro on the evening of **Sunday, October 25**. The retreat will be in our traditional style, incorporating zazen, chanting, sanzen, work and formal meals.

Pre-registration is required for meals and overnights must be pre-arranged. Register online (***dharma-rain.org***) by **Sunday, October 18, 2015**.

SEGAKI SCHEDULE 2015

Friday Eve, October 23

(Retreat Begins)

7pm	Evening Service
7:10	Zazen
7:50	Kinhin
8:00	Zazen, Dharma Talk
8:50	Kinhin
9:00	Zazen
9:30	Formal Tea
9:45	Vespers
10:00	To Bed
10:15	Lights Out

Dharma Rain
Zen Center
dharma-rain.org

Note: Meditation periods and ceremonies are open to all without charge. When joining or leaving the retreat, please refer to this schedule to pick unobtrusive times (breaks, work periods, or Kinhin).

If you wish to join us for meals, sign up online so that we can prepare food and reserve space for you. *Please attend everything you register for.*

Saturday October 24

5:30am	Rise
6:00	Zazen
6:30	Kinhin
6:40	Zazen
7:10	Fudo Ceremony
7:30	Soji
8:00	Breakfast
8:30	Clean-up
8:45	Work
10:30	Zazen
11:00	Kinhin
11:10	Zazen
11:40	Break
Noon	Lunch
1:00pm	Rest/ exercise
2:30	Work
3:50	Evening Service
4:00	Zazen
4:30	Kinhin
4:40	Zazen
5:10	Study
5:30	Dinner
6:15	Reflection
7:00	Zazen
7:50	Kinhin
8:00	Zazen, Dharma Talk
8:50	Kinhin
9:00	Zazen
9:30	Formal Tea
9:45	Vespers
10:00	To Bed
10:15	Lights Out

Sunday October 25

5:30am	Rise
6:00	Zazen
6:30	Kinhin
6:40	Zazen
7:10	Full Morning Service
7:40	Soji
8:00	Breakfast
8:30	Work / Rehearsal
9:30	Zazen
10:00	Segaki Festival
10:45	Informal Tea
Noon	Lunch
1:00pm	Rest
1:45	Work
3:00	Evening Service
3:10	Zazen
3:40	Kinhin
3:50	Zazen
4:20	Kinhin
4:30	Zazen
5:00	Study
5:30	Dinner
6:15	Reflection
7:00	Zazen
7:50	Kinhin
8:00	Zazen
8:30	Segaki Toro
9:00	Informal Tea

(Segaki Festival & Retreat Ends)