

## Empty Field Silent Retreat

August 27–30

Thursday

Evening through

Sunday Lunch

Cost \$120

Registration:

[www.emptyfieldzendo.org](http://www.emptyfieldzendo.org)

*Mountains and waters right now are the actualization of  
the ancient Buddha way.* ~ Dogen Zenji



# *Cultivating the Way*

## Zen on the Farm

### Empty Field Zendo

#### Location

Horton Road Organic Farm  
outside Eugene, OR  
[www.hortonorganics.com](http://www.hortonorganics.com)

#### Inquiries

[debraseido@gmail.com](mailto:debraseido@gmail.com)  
(541)925-3019

Our annual late summer retreat offers an experience of intimacy with nature, listening to the wind in the grasses and tending the vegetables as a way of understanding how we cultivate a spiritual path. The schedule includes traditional ritual Zen forms practiced in a natural setting close to the earth and allows for reflection as we turn inward with the approach of autumn.

**The retreat is a benefit for Dharma Rain's Lotus Blooming** campaign, caring for the land and community at Siskyou Square. The schedule for this event is suitable for beginners and includes zazen, meditation outdoors, mindful work, rest and reflection periods, dharma talks and sanzen.

This retreat is held on an organic farm in the Oregon coast range northwest of Eugene, 2 1/2 hrs. south of Portland. Participants have the option of camping or sleeping in the zendo.

*Retreat Led by*

*Seido Martin  
Empty Field ~ Zen West*

*& Genko Rainwater  
Dharma Rain Zen Center*