

Rohatsu 2013 Schedule

Sunday Evening (December 1)

6:30-7:00pm Arrive, check in
7:00-7:30 Orientation
7:00-7:35 Zazen
7:35-7:45 Kinhin
7:45-8:15 Zazen
8:15-8:25 Kinhin
8:25-9:00 Zazen
7:30-9:00 Zazen
9:00 Vespers
9:40 Lights Out

Sunday Morning (December 8)

5:00am Wake up bell
5:30-6:30 Zazen and Closing
6:30 Temple cleaning
7:00 Breakfast
7:30 Kitchen cleanup

Monday through Saturday

4:30am Wake up bell
5:00-5:50 Zazen w/Posture Adj.
5:50-6:00 Kinhin
6:00-6:50 Zazen w/Posture Adj.
6:50-7:00 Kinhin
7:00-7:30 Zazen
7:30 Morning Service
8:00 Temple cleaning
8:20 Oryoki
9:00 Kitchen cleanup
9:20 Work Practice
11-12:30 Zazen
12:30pm Dharani Chant
12:45 Oryoki
1:20 Kitchen cleanup
1:45 Rest
3:00 Evening Service, Zazen
5:30 Oryoki
6:00 Kitchen cleanup
6:15 Break
7:00-7:35 Zazen w/Dharma Talk
7:35-7:45 Kinhin
7:45-8:15 Zazen
8:15-8:25 Kinhin
8:25-9:00 Zazen
9-9:30 Formal Tea, Vespers
10:00 Lights out